From the Chief Executive Officer, Roz Rubin –

We Did It!

Our name is officially Opportunities for Inclusion!

As noted in our Winter newsletter, our new name reflects our mission to be part of the community for employment, recreation and socialization in Greater Waltham and beyond. Stakeholder feedback has been overwhelmingly positive and those we serve really love our new name (and their new t-shirts)!

Changing our name involved many details—government and financial documents, website and other electronic changes and print materials. Thanks to all of our staff for their hard work and support as we worked through these changes, especially Marisol Hernandez, Director of Administrative & Personnel Services, and Joanne Raymond, Director of Marketing & Development. We also thank: Tim Wilkins of Unified System, our IT service provider; Dreamingcode, our website designer/host; and the staff of Non Profit Capital Management, our financial outsourcing company, for their invaluable assistance.

Lots going on here at Opportunities for Inclusion, as happens every summer—gardening, cookouts and community trips are taking place as we enjoy the short New England summer. Day Hab participants are watering, watching and eagerly awaiting the harvest of our raised bed crops. At the ECB program at Woodland Road, outdoor trips include some exercise and of course volunteering. Most of the Group Supported Employment individuals have the summer off while college campuses are quieter and are at Chestnut St. and Woodland Rd. for our Semester Break program. And our Recreation Program...well, as busy as ever with emphasis on sports events and community festivals taking place. AFC continues to be busy with new caregivers to be supported in this important program.

So, now, let's celebrate “A New Name and a Bright Future”—that's us! Plans are underway for Harvest Breakfast, but let's not rush the summer away. See you in October, but I invite you to be in touch or stop by for a small Opportunities for Inclusion item to help you remember our new name. It will be a pleasure to greet you!

Participants and staff of our Community Based Day Supports (CBDS) program gather with Roz Rubin, CEO, to show off their new Opportunities for Inclusion t-shirts.

Save the Dates!
• 48th Annual Harvest Breakfast Sunday, October 21
• Annual Meeting & Community Recognition Awards Tuesday, November 13

Regards,
Roslynn Rubin, Ed.D
Chief Executive Officer
Staff & Other Updates

Welcome to:
- Kathy Augustini, RN, Adult Family Care (AFC) Program
- Michelle Jean Charles, Day Habilitation Developmental Disabilities Assistant
- Sabrina Greer, Brandeis ‘19, Marketing & Development Intern
- Cara Marchetti, Easter Seals speech therapist

Congratulations to:
- Camille Haas, AFC Care Manager, and Jason Grimes who were married in April
- Joe Chiarelli, Treasurer, Board of Directors, who received a BS from Bentley University in May
- Leah Igdalsky, Secretary, Board of Directors, on receiving her MSW from Boston College in May
- Mace Miller who celebrated his 87th birthday in June. Mace is our beloved longtime volunteer who leads drumming and singing sessions with participants at our two sites twice a month. We helped him celebrate—see photo inside!

Thank you to:
- Our wonderful staff nurses! We were proud to recognize them during National Nurses Week in May - Day Habilitation: Christine Dorn, RN; CBDS: Pat Kelley, RN; AFC Program: Barbara Dunker, RN and Joann Corbelle, RN
- Bentley Service-Learning student volunteers who completed volunteering in our Day Habilitation and CBDS programs for the Spring Semester in April. They will return for the Fall semester

Staff Training:
Case Managers and other Direct Care Staff are participating in a number of valuable training sessions, including:
- Intellectual and Developmental Disabilities (incidence, diagnosis and best practices)
- Autism Spectrum Disorder

Grants & Donations Update

We are grateful for recent grants and donations from the following organizations:
- Foundation for MetroWest Youth in Philanthropy Program - $5,000 for our School to Work Transitions Program
- Digital Federal Credit Union
- Joseph Warren-Soley Masonic Lodge
- Knights of Columbus Waltham Council 147
- Waltham Lions Club
- Waltham Rotary Club

Thanks to all for their support!
Meet Faith
by Liz Cavano

Faith is one of our agency’s earliest participants. The former owner of the private transportation company that we used in our early days fondly recalls bringing Faith and two other participants into the building. She came to us from Waltham Public Schools and after many years of working in our former Felton St. workshop and BIS Mailing Services program, we welcomed Faith to our Day Habilitation program in December, 2014.

When I first met Faith, she smiled and said hello. Then she looked at me with her blue-green eyes and kissed my hand and laughed. She sure knows how to make a friend!

And she knows how to keep friends. Faith enjoys socializing with staff and individuals at Opportunities for Inclusion. She also enjoys special friendships with our Bentley Service-Learning student volunteers, including Joe Chiarelli, past student volunteer program manager and recent Bentley University graduate, who is now Board Treasurer.

“Oh hi!” is one of the first things you hear from Faith when she arrives here in the morning. Although she speaks very softly, she definitely knows how to express her feelings. Sometimes she’ll say “What the heck?!” Other times she may raise her voice. But then she’ll laugh and say “thank you.” Or she’ll look at you and say “Oh, honey” with such affection it warms your heart. And her smile lights up the grayest day!

Sometimes Faith will wave her hands, dancing along with a song, saying “Whoo – whoo” with enthusiasm. Her friend Diane often invites her as a special guest to our Friday afternoon singalongs. She enjoys craft activities with CC King, our art therapist, and our volunteer visiting artist Eve. Faith also likes to help out in Room 2, especially when we’re baking. Lately she helped make (and eat) chocolate pudding and cookies. Faith is a very important member of Room 2, and she knows it!

With each issue, our newsletter includes a spotlight on an individual participant in our programs. This issue focuses on Faith Weagle, a participant in our Day Habilitation Program. Liz Cavano is a Case Manager.

CARF Update

Opportunities for Inclusion is in a busy time as we prepare for the new fiscal year and its challenges, as well as the every-three-years Commission on Accreditation of Rehabilitation Facilities (CARF) Survey in late July. A team will visit us for two days to conduct a re-accreditation survey of our Day Habilitation and CBDS Day programs. Our Adult Family Care (AFC) program will participate in the CARF accreditation process for the first time.

We remember with love...
Mary Sallese, a participant in our Day Habilitation Program.
Mary passed away in early July.
Here’s What’s Been Happening….

Congratulations to Renee Allain, above center, who celebrated 20 years of working at Walgreens on Weston Street, Waltham in May! Renee is a participant in our Individual Supported Employment Program. Katie Daneau, Walgreens manager, is at left and Terry Holmgren, former Director of ECB, is at right.

Rosie T., a participant in our Group Supported Employment Program, recently won three Special Olympics swimming medals. Winning one gold in the 50 freestyle and two bronze in the 4x50 freestyle relay and 50 breaststroke, Rosie was all smiles when talking about her achievement. She described the races as both “tiring and exciting.” Several other individuals also competed and won medals and ribbons. Congratulations to all!

Participants in our CBDS Program attended a Waltham Rotary Club meeting in May to report on the Rotary-Opportunities for Inclusion Food Pantry Project. Rotary members donate funds and our participants shop for and deliver supplies to Waltham food pantries. Left to right: Roz Rubin, CEO, Janice N., Bill L., and Bob Clement, Waltham Rotary Club President.

Bentley Service-Learning and Civic Engagement student program managers highlight their volunteer activities at Opportunities for Inclusion at their Community Partner luncheon in May. Above left to right: Joe Chiarelli, Abby Eisner and Alex Steinmann.

Happy Birthday Mace! Day Hab participants wish Mace Miller a Happy 87th Birthday at a Chestnut St celebration. Mace and service dog Archie are at right.

After a short summer break, GSE participants return to work at Bentley University’s dishroom.

Recreation participants enjoy a visit to the Boston Tea Party Ships & Museum this Spring. Above, they pose with a statue of Samuel Adams wearing a Boston Marathon bib (runner number 1776).

GSE participants were proud to create centerpieces for Waltham Rotary Club’s Family Feud fundraiser in June. Above, Alex N. and Danny P. display centerpieces they created that depict a variety of famous feuds (Hatfields vs. McCoys, Red Sox vs. Yankees, to name a few).
Thank you Rockland Trust! Staff members of the Rockland Trust Moody Street branch visited in May to help Day Habilitation participants plant flowers and vegetables in our raised beds. Above left, Seton Murphy helps Ken D. water the newly planted flowers. Above right, Drew Claflin, Barbara LeBrun and Betty Mazzone, branch manager, prepare the beds for planting. Bank staff wore their RockCorp t-shirts. Other Rockland Trust staff members involved included Netia Gustave, Fallon MacMaster and Bob Gallagher. Rockland Trust generously donated the plants.

Thanks to Mark Johnson, chairperson of the Waltham Disability Services Commission (above center), and Adam Maher, Commission member, who visited Opportunities for Inclusion in June. Mark and Adam spoke to our program participants and answered questions about the work they do to make Waltham as accessible as possible for people with disabilities.

Cooking is part of the Group Supported Employment’s Semester Break Program curriculum. Above, participants prepare a lunch of chicken, vegetables and salad in the Chestnut Street kitchen. They shopped for the ingredients and enjoyed a delicious lunch!

Thanks to the Waltham Boys & Girls Club for sharing their space!

At left, CBDS participants gather with CC King following a sharing circle session at the Waltham Boys & Girls Club.

At right, James Jones (far right) leads a music session with CBDS participants in the Club’s music room.
Day Habilitation:
- We are enjoying gardening and cookouts under the shady trees.
- Art sessions with CC King, music sessions with Mace Miller and James Jones and pet therapy continue.

Community Based Day Supports:
- We have been baking and delivering cookies to local fire and police stations, and continue to deliver Meals on Wheels weekly.
- Gardening at Woodland Road and our plot at Waltham Community Garden is a popular activity.
- Sessions with James Jones (singing/playing musical instruments) and CC King (sharing circles) took place at the Waltham Boys & Girls Club this Spring, which provides a great space and a fun community trip. We have moved to the Waltham Public Library while the Boys & Girls Club runs its summer programs, and will return in the fall.

Group Supported Employment (GSE):
- GSE participants are enjoying a Semester Break program with fun and educational activities, including bowling, cooking, outdoor barbeques, exercise, walks to the park and more while college work sites are closed for the summer.
- Buildings & Grounds and Bentley University sites remain open for the summer.

Individual Supported Employment (ISE):
- Job coaching/support continued for several individuals who hold jobs in the community.

School to Work Transitions:
- 20 students were enrolled in School to Work Transitions during the 2017-2018 school year.
- Several students held paid jobs or volunteer positions for which they received a stipend.
- Activities included job shadowing trips to Brandeis and Bentley University dining halls and training on community safety and MBTA use.
- Our Transitions Summer Program will be held at Brandeis University in July. Students will work on a number of projects and will also serve lunch at the Whittemore Elementary School through a partnership with the Waltham Boys & Girls Club.

Adult Family Care (AFC):
- Our program is growing with the addition of new referrals.
- Contact Barbara Dunker, RN, AFC Program Director to find out more about this beneficial program. Barbara can be reached at 781-899-1344 x4710, bdunker@OppsforInclusion.org.

Recreation:
- Fun Spring activities included our Spring Fling dance, tour of WCAC-TV, Earth Day activities and visits to the Charles River Museum of Industry & Innovation and Boston Fire Museum.
- Participants in Recreation’s “I Love Dance” class performed in Center Stage’s June dance recital for the 2nd year.
- Our Summer Recreation brochure is here with new activities and old favorites. For questions about upcoming activities, visit OppsforInclusion.org or contact Mike Mullins, Recreation Manager/Volunteer Coordinator at 781-899-1344 x4120, Recreation@OppsforInclusion.org.

Watch City Self Advocates:
- Watertown Savings Bank representatives joined us to explain types of savings accounts and how to make a personal budget and savings plan.
- Naomi Goldberg and Inez Canada of the MA Office on Disability (seated in photo at below) presented information to the group on employment rights and having a disability.
We had a fun night, with amazing auction co-hosts and wonderful auction prizes, as people from the Greater Waltham community and beyond tuned in and bid on great items while supporting Opportunities for Inclusion! Thank you to Maria Sheehan and the WCAC-TV staff for hosting this fundraiser! Thanks also to event sponsors Rockland Trust Peoples Federal Foundation Inc. (Premier Sponsor), TD Bank and Watertown Savings Bank.

Thank you to our auction co-hosts Justin Barrett, Connie Braceland, Bob Clement, David Felton, Bob Gallagher, Samantha George, Kelly Hill, Bob Marcou, guest host Mayor Jeannette McCarthy, Phil McGrady, Rick Pizzi, Roz Rubin and to special guests Mike Mullins and David Gurwicz. Thanks also to our phone crew (Joe Chiarelli, Michelle Concetti, Marisol Hernandez and Barbara Dunker) and the businesses and individuals who generously donated auction items to make this event a success!

We Love Our T-Shirts!

Participants and staff are proud to wear their new blue Opportunities for Inclusion t-shirts!

Clockwise from top left: GSE participants celebrate at Woodland Road, the Buildings & Grounds GSE crew gathers at Brandeis University, sponsors listed on the t-shirt back and Day Hab participants at Chestnut Street.

Thank you to our generous supporters who provided funding:

Opportunities for Inclusion
56 Chestnut Street
Waltham, MA 02453

Phone: 781-899-1344
Fax: 781-899-2197
TDD: 781-899-8555
E-mail: admin@OppsforInclusion.org
www.OppsforInclusion.org

Electronic Newsletter
To receive our newsletter and other updates by email, please send an email message to admin@OppsforInclusion.org, call 781-899-1344 x0, or visit OppsforInclusion.org

Visit OppsforInclusion.org for the latest news & photos!

Save the Date For this Milestone Event - Our 48th Year!

Sunday, October 21
8 AM to Noon
Embassy Suites Waltham
550 Winter Street, Waltham

Bountiful Breakfast Buffet
Music by DJ Rich Profita
Line Dancing  Magician
Balloon Animals  Face Painting
And More!

We are seeking Harvest Breakfast Event Sponsors and Advertisers. Show your support to the community!

For more information, please contact Joanne Raymond at 781-899-1344 x4147, jraymond@OppsforInclusion.org or visit OppsforInclusion.org

Join Us!
Annual Meeting & Community Recognition Awards
Tuesday, November 13, 6PM
Embassy Suites Waltham
Stay tuned for more details!

YOU Can Make a Difference!

Please help us continue to provide high quality care and services to individuals we serve.

Please make your tax-deductible donation online at OppsforInclusion.org, “Make a Donation”.

Or use the enclosed envelope to send a check to: Opportunities for Inclusion, 56 Chestnut St., Waltham, MA 02453

Thank You!

AmazonSmile
Do you shop at Amazon? Shop at AmazonSmile (same products and prices), designate Opportunities for Inclusion as your charitable organization and we will receive .5% of your purchase price at no cost to you.
Opportunities for Inclusion
48th Annual Harvest Breakfast
Come Celebrate Our New Name!

Save the Date!
48th Annual Harvest Breakfast
Sunday, October 21, 2018
8 am - Noon
Embassy Suites Waltham
550 Winter Street, Waltham, MA

~Food/Entertainment~
Bountiful Breakfast Buffet
Music by DJ Rich Profita
Line Dancing  Magician  Balloon Animals  Face Painting
Silent Auction  Mystery Gift Bags

Adults-$24; Seniors/Special Needs Adults-$17; Children under 12-$12

For more information, contact Opportunities for Inclusion:
781-899-1344, admin@oppsforinclusion.org
www.oppsforinclusion.org

All proceeds benefit Opportunities for Inclusion programs and services for individuals with intellectual and developmental disabilities. Opportunities for Inclusion is a 501(c)(3) nonprofit organization. Our tax id is 04-2441728.