

THOMPSON SPEEDWAY EVENT SCHEDULE 2016

P3 {BEGINNER}

8:15 am – 8:45 am	Driver's Meeting / Breakfast
9:00 am – 9:30 am	Coaching session (Learning the track)
10:00 am – 10:30 am	On track
10:30 am – 11:00 am	Coaching session (Session debrief)
11:30 am – 12:00 pm	On track
12:00 pm – 1:00 pm	Lunch
1:00 pm – 1:30 pm	Coaching session (Video review)
2:00 pm – 2:30 pm	On track
2:30 pm – 3:00 pm	Coaching session (Session debrief)
2:30 pm – 3:00 pm	Hot laps
3:30 pm – 4:00 pm	On track
4:00 pm – 4:30 pm	Coaching session (closing remarks)
5:00 pm	Closing Drivers' Meeting

P2 {INTERMEDIATE}

8:15 am – 8:45 am	Driver's Meeting / Breakfast
9:00 am – 9:30 am	On Track (Coach right seat)
9:30 am – 10:00 am	Coaching session (session debrief)
10:30 am – 11:00 am	On Track (Coaches on corners)
11:00 am – 11:30 am	Coaching session (video review 1)
12:00 pm – 1:00 pm	Lunch
1:00 pm – 1:30 pm	On Track (Coaches on corner)
1:30 pm – 2:00 pm	Coaching session (corner-by-corner)
2:30 pm – 3:00 pm	On Track
3:00 pm – 3:30 pm	Coaching session (video review 2)
4:00 pm – 4:30 pm	On track
5:00 pm	Closing Drivers' Meeting

P1 {ADVANCED}

8:15 am – 8:45 am	Driver's Meeting / Breakfast
9:00 am – 9:30 am	Meet your coaching team (assign students & coaches)
9:30 am – 10:00 am	On track
10:30 am – 11:00 am	Coaching session (corner-by-corner)
11:00 am – 11:30 am	On track
12:00 pm – 1:00 pm	Lunch
1:00 pm – 1:30 pm	Coaching session (video review)
1:30 pm – 2:00 pm	On track
2:30 pm – 3:00 pm	Coaching session (corner-by-corner)
3:00 pm – 3:30 pm	On track
4:00 pm – 4:30 pm	Coaching session (video review)
4:30 pm – 5:00 pm	On track
5:00 pm	Closing Drivers' Meeting