

AFTER SCHOOL CLUB DESCRIPTIONS FALL 2021

תאור חוגים

Arduino Basic with Avraham

Grades 5-8 Mondays (3:30-5:00 pm) September 13-December 20 \$425

Arduino is a hardware platform and a programming language. Led by Avraham Sosa, JCDS' MS Science teacher, students will learn how to build circuits and codes! Kids can add a new level of interactivity to their projects such as creating robots, electronic toys, home automation tools, and much more. This course is an excellent learning journey for kids to understand the building blocks of integrated circuits using breadboards, transistors, resistors, capacitors, LED, and motor controls among other fun things.

Arts & Crafts

Grades K-4 Thursdays (3:30-4:30 pm) September 23-December 23 \$250

Children have fun making art and using different types of mediums: paper, yarn, paint, and more. It is always a surprise to find out what they will be making each week! Space is limited in this Club, so ACT FAST!

Astronomy with Avraham

Grades 5-8 Thursdays (4:30-6:00 pm) September 23-December 23 \$380

Guided by JCDS' MS Science teacher Avraham Sosa, Astronomy Club is a detailed, step-by-step course about backyard astronomy for those who wish to learn what to see in the night sky, how to acquire the best tools for the job, and understand the science behind what we can see in the night sky. The students will be learning how to identify planets, constellations, galaxies and nebulae! We explore the nocturnal sky with planispheres, binoculars, and telescopes.

“Boston Rhythmic” Gymnastics

Grades K-2 Mondays (3:30-4:30 pm) September 13-December 20 \$275

Boston Rhythmic is rhythmic gymnastics at its best! We want your gymnast to grow in confidence, learn things they have never tried before, and leave proud. We are excited to be able to offer it at JCDS! Please click the link to get a feel for this awesome program! <https://www.facebook.com/watch/?v=1362254507492162>

Chess

Grades 3-5 Tuesdays (3:30-4:30 pm) September 14-December 20 \$300

Students will learn both strategic and fun aspects of the game. From beginners to advanced chess students, your child will thrive in this class.

Coding with Sabrina

<i>Grades 3-5</i>	<i>Mondays (3:30-4:30 pm)</i>	<i>September 13-December 20</i>	<i>\$275</i>
Bytes, Bits, & Bots! Led by Sabrina Tirachen, JCDS' JSTREAM Coordinator and 3-5 Coding Instructor, students in grades 3-5 are welcome to join a multiage coding and programming club. Students will explore, discover, and expand their interests in coding and computer science. Each week, we will work on a different project using block-based coding and/or text-based coding. This club will allow students to truly deep dive into programming in a welcoming, collaborative, team environment. All are welcome! Please feel free to email Sabrina with any questions.			

Dungeons & Dragons

<i>Grades 5-8</i>	<i>Tuesdays (3:30-4:30 pm)</i>	<i>September 14-December 21</i>	<i>\$300</i>
<i>Grades 3-4</i>	<i>Thursdays (3:30-4:30 pm)</i>	<i>September 23-December 23</i>	<i>\$250</i>

Spend your afternoon as a wizard, ranger, alchemist, goblin, or whatever you can imagine. There is something sinister stirring under the town and it will take a team of heroes to defeat it! Storytelling and math coincide to culminate in group problem-solving and fun.

Games with "Viking"

<i>Grades 3 & 4</i>	<i>Wednesdays (3:30-4:30 pm)</i>	<i>October 6-December 22</i>	<i>\$230</i>
Burn off your after school energy playing non-competitive games with your friends! Viking Sports brings fun and recreation to JCDS.			

Girls' Active Sports & Games

<i>Grades 3-5</i>	<i>Mondays (3:30-4:30 pm)</i>	<i>September 13-December 20</i>	<i>\$275</i>
<i>Grades 1 & 2</i>	<i>Wednesdays (3:30-4:30 pm)</i>	<i>October 6-December 22</i>	<i>\$230</i>
Calling all active and energetic lower school JCDS girls! Building on the success of the girls' running club, we bring you: Girls' Active Sports and Games! The goals are to be active outdoors together, try new games and sports, and build teamwork, friendship, and respect amongst the girls. This club is a gender inclusive space that welcomes girls, transgender, and gender nonconforming kiddos.			

Indoor Backyard Games with "Little Scholars"

<i>Grades K & 1</i>	<i>Wednesdays (3:30-4:30 pm)</i>	<i>October 6-December 22</i>	<i>\$230</i>
Come and PLAY! Kickball, Dodgeball, Capture the Flag, and many more thrilling adventures are coming to our school. Come and have fun while building teamwork, gross motor, and critical thinking skills.			

Martial Arts by “Helix” with Sensei Paul

<i>Grades 1-4</i>	<i>Mondays (3:30-4:30 pm)</i>	<i>September 13-December 20</i>	<i>\$275</i>
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Helix is a Martial Arts and Movement course like no other! Children will be introduced into Martial Arts and Movement training, learning the basics of Kickboxing, Karate, and combining basic acrobatics. Students will maintain the strength they practice by learning essential exercises that they can do at home. Aggressive contact between students is **NOT** a part of this program.

Ninja Warriors with “Knucklebones”

<i>Grades K-2</i>	<i>Tuesdays (3:30-4:30 pm)</i>	<i>September 14-December 21</i>	<i>\$300</i>
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Ninja Warriors is a blend of fitness, flexibility, strength, skill, and fun! Throughout class, participants will engage in various drills, elements, games, and obstacle courses. From scaling up cargo nets on a truss, to walking across balance beams, climbing over an A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through elements...for the love of play!

Sports Club with “Viking”

<i>Grades 2-4</i>	<i>Thursdays (3:30-4:30 pm)</i>	<i>September 23-December 23</i>	<i>\$250</i>
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Join Viking Sports and focus on playing fairly while promoting sportsmanship. This is a great chance for students to learn new games, hone skills and have fun! Sports will include, but are not limited to, Soccer, Basketball and Hockey.

Yoga with Janna

<i>Grades 5-8</i>	<i>Tuesdays (3:30-4:30 pm)</i>	<i>September 14-December 21</i>	<i>\$300</i>
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<i>Grades 3-4</i>	<i>Wednesdays (3:30-4:30 pm)</i>	<i>October 6-December 22</i>	<i>\$230</i>
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Would you like to be a tree, cobra, and eagle all in the same day? What about learning how to breathe fire? It's all possible through the power of yoga! Join teacher Janna Westmoreland for inventive and engaging yoga classes for grades 3-4 and 5-8. Each week, Janna will teach the basics of yoga and mindfulness through age appropriate activities and games. Janna looks for ways to engage students in creative ways to help build strength and confidence on and off the mat. Come join in the energetic yet calming fun!

FALL CLUBS: WEEK AT A GLANCE

(3:30-4:30 pm unless noted)

Monday (Sept. 11 - Dec. 20)	Tuesday (Sept. 14 - Dec. 21)	Wednesday (Oct. 6 - Dec. 22)	Thursday (Sept. 23 - Dec. 23)
Arduino Basic <i>(3:30-5:00 pm)</i> Grades 5-8	Chess Grades 3-5	Indoor Backyard Games Grades K & 1	Arts & Crafts Grades K-4
Boston Rhythmic Gymastics Grades K-2	D&D Grades 5-8	Games Grades 3 & 4	Astronomy <i>(4:30-6:00 pm)</i> Grades 5-8
Coding with Sabrina Grades 3-5	Ninja Warriors Grades K-2	Girls' Active Sports & Games Grades 1 & 2	D&D Grades 3-4
Girls' Active Sports & Games Grades 3-5	Yoga with Janna Grades 5-8	Yoga with Janna Grades 3-4	Sports with Viking Grades 2-4
Martial Arts Grades 1-4			

ASP Clubs Registration for the Fall Session is now open, and will close on Wednesday, August 18th at 6:00 pm.

REGISTER HERE: <https://unipaygold.unibank.com/transactioninfo.aspx?TID=26401>