



THE OSPREY ORACLE

A Newsletter for the residents of Osprey Landing –JANUARY 2019

"A journey of a thousand miles begins with a single step"

HAPPY NEW YEAR

We hope that everyone enjoyed the holidays, and everyone is ready for a wonderful New Year!

In observation of the holiday our office will be closed on Tuesday, January 1st and Monday, January 21st. As always, for any maintenance emergencies please call the 24-hour answering service.

Don't forget to  us on Facebook. There you can get quick updates on things like office hours, snow removal & our monthly newsletter. Also, if you visit our website at www.ospreylanding.com you are able to request any non-emergency work orders/maintenance for your apartment. There are also updates under the news events page on our website. As always, please call the office with any emergency maintenance.

Our very best to you and your family for a wonderful, healthy, prosperous and fun New Year from the Osprey Landing Team!

HAPPY BIRTHDAY

HAPPY ANNIVERSARY

**TO ALL RESIDENTS CELEBRATING IN
THE MONTH OF JANUARY!**

ACH REMINDER

We want to remind residents of the convenient automated rent payment system in place at Osprey Landing. We have been very successful in the new system for an automatic withdrawal out of a checking or savings account for monthly rental payments, a.k.a., an ACH transaction.

We have several residents that have been using this method of payment and find it very helpful. The process is easy and there are benefits. In fact, your account will not be debited until the fifth (5th) of each month, or the next business day if the 5th falls on a weekend. No writing out a check, trying to remember to pay the rent in a timely manner and if you are out of town you do not have to worry about mailing a payment.

We hope that you take advantage of ACH transaction by contacting our office for an authorization form. For those of you that are already signed up for ACH transaction, we thank you for making the rent collection process smoother!

NEIGHBORS HELPING NEIGHBORS

Several residents of Osprey Landing are unable to physically remove snow & ice from their front entrance, deck & sidewalk leading to the common walkways. They are in need of getting to and from their homes safely but are unable to due to the winter weather. If you are able and willing to assist a neighbor this winter, please contact our office at 436-5713 and we can connect you with those in need.

LEARN TO SKI MONTH

Many New Hampshire ski areas are celebrating Learn to Ski & Snowboard month this January by offering a \$39 lift, lesson and rentals beginner package for downhill skiing and riding and a \$19 trail pass, lesson and rentals beginner package at cross-country ski areas.

Taking a lesson your first time on skis or a snowboard can make all the difference in the world in terms of having a great experience and the Learn to Ski & Snowboard Month special is a great and affordable way to try a new sport. Visit www.skinh.com for a list of participating locations and more details.

FIRST NIGHT PORTSMOUTH

First Night revives the ancient traditions of marking the passage of time in a present day context. It was created by a group of civic-minded artists in Boston as a meaningful alternative to traditional New Year's Eve revelry. Offered to the city as a finale to its Bicentennial events in 1976, First Night Boston also began a new tradition, bringing neighboring communities together through a joint celebration.

Framed as a family-friendly event, First Night is known as the alcohol free, alternative community celebration on December 31st.

Portsmouth became a First Night® community in 1986. We continue to celebrate First Night® with music, dance, fireworks and ice sculpture.

By purchasing the First Night® Button, you support Pro Portsmouth's efforts to keep this tradition alive and thriving on the Seacoast. Purchasing a button also helps support/finance all free open air outdoor activities including the fireworks and ice sculpture. Early purchase/special discounts are available online only. For more information and a schedule of events visit <https://www.portsmouth.org/EntertainmentandActivities.cfm>.

SLEIGH RIDE SOCIAL

Visit the Charmingfare Farm and take a sleigh ride. Sleigh Ride Socials are offered several dates through the months of January and February. There are three different styles of sleighs and the cost varies for all depending on how many people. Don't forget to dress accordingly and bring along a blanket to keep warm. Visit their website at www.visitthefarm.com for information or to book your sleigh today!

New Year's Resolutions

Every 365 days, we try to kick bad habits and start life anew with a New Year's Resolution. What kind of resolution will you make for yourself this January 1st? Here are a few suggestions to help you achieve your goals.

1. Be realistic! Winning the lottery for instance is out of your grasp. If it's a financial resolution, break it down by how much you will save by week, month, etc.
2. Break down large goals into smaller ones. For example, if your resolution is to lose weight, resolve to go to the gym three times a week (or the amount that works for you) instead of just saying you are going to try and lose weight.
3. Describe your goals in specific terms. For example, don't just say I am resolving to not be lazy, instead resolve to reduce your television watching time by an hour every day.
4. Find a healthy alternative to a change you wish to make. For example, if you are looking to quit smoking, find a hobby that can be used in its place to help relax you.

5. Above all, aim for things that are attainable and are truly important to you to make it that much easier to reach your goal!

Chicken Divan

Prep Time: 10 min, Cook Time: 40 min
Servings: 6 – 8

INGREDIENTS:

- * 2 (10-ounce) packages frozen broccoli, chopped
- * 6 cups shredded chicken, cooked
- * 2 (10 ¾ ounce) cans condensed cream of mushroom soup
- * 1 cup mayonnaise
- * 1 cup sour cream
- * 1 cup grated sharp Cheddar
- * 1 tablespoon fresh lemon juice
- * 1 teaspoon curry powder
- * Salt & pepper
- * ½ cup dry white wine
- * ½ cup freshly grated Parmesan
- * ½ cup soft bread crumbs
- * 2 tablespoons butter, melted

DIRECTIONS:

1. Preheat oven to 350 degrees F.
2. Remove the outer wrappers from the boxes of broccoli. Open 1 end of each box. Microwave on full power for 2 minutes, until thawed. Drain the broccoli and put into casserole dish. Add the shredded chicken.
3. In a medium bowl, combine the soup, mayonnaise, sour cream, Cheddar, lemon juice, curry powder, salt and pepper, to taste, and wine. Whisk together to make a sauce. Pour the sauce over the broccoli and chicken. Mix well with a spatula.
4. Place the mixture into an 11 by 7-inch casserole dish or 2 (9-inch) square disposable aluminum foil pans that have been sprayed with vegetable oil cooking spray. Pat down evenly and smooth with a spatula. Combine the Parmesan, bread crumbs and butter and sprinkle over the top.
5. Bake for about 30-45 minutes.

HAPPY NEW YEAR!